

NEWBERRY GYM

Gym Rules: If 10 or more people would like to play full-court basketball during unscheduled gym times, that is acceptable. If less than 10 people want to play, games must be kept to the side courts.

	Gym Open
	Gym Reserved
	Club Closed

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:00								5:00
5:30								5:30
6:00								6:00
6:30		6:00 - 8:00 a.m. Earlybird Volleyball (Drop-in)		6:00 - 8:00 a.m. Earlybird Volleyball (Drop-in)		6:00 - 8:00 a.m. Earlybird Volleyball (Drop-in)		6:30
7:00								7:00
7:30								7:30
8:00								8:00
8:30								8:30
9:00								9:00
9:30								9:30
10:00	9:30-12:00 p.m. Adult Morning Basketball (Drop-in)							10:00
10:30		10:30-11:30 a.m. Preschool	10:30-11:30 a.m. Preschool	10:30-11:30 a.m. Preschool	10:30-11:30 a.m. Preschool	10:30-11:30 a.m. Preschool		10:30
11:00								11:00
11:30		11:30-1:00 p.m. Adult Basketball (Drop-in)	11:30-1:00 p.m. Adult Basketball (Drop-in)	11:30-1:00 p.m. Adult Basketball (Drop-in)	11:30-1:00 p.m. Adult Basketball (Drop-in)	11:30-1:00 p.m. Adult Basketball (Drop-in)		11:30
12:00								12:00
12:30								12:30
1:00	12:00-5:00 p.m. Court reserved for birthday parties						12:00-5:00 p.m. Court reserved for birthday parties	1:00
1:30								1:30
2:00								2:00
2:30	Check with front or back desk for birthday party schedule						Check with front or back desk for birthday party schedule	2:30
3:00		3:00-4:00 p.m. Preschool		3:00-4:00 p.m. Preschool	3:00-4:00 p.m. Preschool			3:00
3:30								3:30
4:00								4:00
4:30								4:30
5:00								5:00
5:30								5:30
6:00								6:00
6:30			6:00 - 8:30 p.m. Adult Basketball (Drop-in)			5:00 - 9:00 p.m. Youth Events (as needed)		6:30
7:00				7:00 - 8:30 p.m. Adult Basketball (Drop-in)				7:00
7:30								7:30
8:00								8:00
8:30								8:30



FAMILY WORKOUT AREA

	Space Open
	Space Reserved
	Club Closed

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:00								5:00
5:30								5:30
6:00								6:00
6:30			DAC FIT Boot Camp		DAC FIT Boot Camp			6:30
7:00								7:00
7:30								7:30
8:00								8:00
8:30								8:30
9:00		RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING		9:00
9:30		RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING		9:30
10:00		RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING		10:00
10:30		RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING		10:30
11:00		RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING	RESERVED FOR OTC TRAINING		11:00
11:30								11:30
12:00								12:00
12:30								12:30
1:00								1:00
1:30								1:30
2:00								2:00
2:30								2:30
3:00								3:00
3:30								3:30
4:00								4:00
4:30								4:30
5:00								5:00
5:30								5:30
6:00								6:00
6:30								6:30
7:00								7:00
7:30								7:30
8:00								8:00
8:30								8:30

OTC Training

The Family Workout Area is reserved for the Oregon Track Club Elite team Monday - Friday 9:00 a.m. - 11:30 a.m.

